

FINAL DEGREE PROJECT (FDP)

Trabajo Fin de Grado (TFG)

DEGREE OF HUMAN AND DIETARY NUTRITION

(2026/27)

Code: 803998 & 9011288

Module: 6

Type of Subject: Compulsory

Course: Fourth (4º)

Semester: annual

Number of Students: All those enrolled in the subject.

Department: all those involved in teaching the Degree

Credits: 12 ECTS

FACULTY

Coordinadores

María del Carmen Sánchez Beltrán mariasan@ucm.es

Francisco Miguel Tobal miguelto@ucm.es

All Teachers involved in teaching the Degree.

SKILLS

Those corresponding to the Module and Subject to which this subject belongs.

General Competences

- C.G.1.1.
- C.G.1.2.
- C.G.1.3.
- C.G.1.4.
- C.G.2.1.
- C.G.2.2.
- C.G.2.3.
- C.G.3.1.
- C.G.3.2.
- C.G.3.3.
- C.G.3.4.
- C.G.4.1.
- C.G.4.2.
- C.G.4.3.
- C.G.4.4.
- C.G.4.5.

- C.G.4.6.
- C.G.4.7.
- C.G.5.1.
- C.G.5.2.
- C.G.5.3.
- C.G.5.4.
- C.G.6.1.
- C.G.6.2.
- C.G.7.1.
- C.G.7.2.
- C.G.7.3.
- C.G.7.4.
- C.G.8.1.

Specific Competences

- CE.M1.1.
- CE.M1.2.
- CE.M1.3.
- CE.M1.4.
- CE.M1.5.
- CE.M1.6.
- CE.M1.7.
- CE.M1.8.
- CE.M1.9.
- CE.M2.1.
- CE.M2.2.
- CE.M2.3.
- CE.M2.4.
- CE.M2.5.
- CE.M2.6.
- CE.M2.7.
- CE.M3.1.
- CE.M3.2.
- CE.M3.3.
- CE.M3.4.
- CE.M3.5.
- CE.M3.6.
- CE.M3.7.
- CE.M3.8.
- CE.M4.01.
- CE.M4.02.
- CE.M4.03.
- CE.M4.04.
- CE.M4.05.
- CE.M4.06.
- CE.M4.07.
- CE.M4.08.
- CE.M4.09.
- CE.M4.10.
- CE.M4.11.
- CE.M4.12.
- CE.M4.13.

- CE.M4.14.
- CE.M4.15.

- CE.M4.16.
- CE.M4.17.
- CE.M4.18.
- CE.M4.19.
- CE.M4.20.
- CE.M4.21.
- CE.M4.22.
- CE.M5.1.
- CE.M5.2.
- CE.M5.3.
- CE.M5.4.
- CE.M5.5.
- CE.M5.6.
- CE.M6.1.
- CE.M6.2.
- CE.M7.1.
- CE.M7.2.
- CE.M7.3.
- CE.M7.4.
- CE.M7.5.

GOALS

Integrate and achieve all the competencies of the Degree in Human Nutrition and Dietetics, applying the knowledge and skills acquired in the rest of the modules.

REQUIREMENT

You must have passed all the subjects of the first and second year of the Degree to be able to enroll.

EVALUATION

The evaluation of the Final Degree Project will be done through three

compulsory tests:

- Assessment of skills and competencies for professional practice through OSCE (Objective and Structured Competence Assessment). Valuation: 40% of the final mark.
- A written multiple choice exam of practical and clinical content related to the OSCE. Valuation: 20% of the final grade.
- The work that can be presented as a TFG must correspond to the model of a scientific review work or research project. A maximum length of 4200 words is recommended without counting the abstract, the bibliography or the annexes. The work must be agreed, at least, by a Tutor (Professor of the Complutense University and with the Degree of Doctor) and will be defended in a Court. Valuation: 40% of the final grade.

The Objective and Structured Competence Exam (ECO) consists of an itinerary through different stations where the student has to face different usual situations in the daily work of the nutritionist.

You will have to demonstrate your ability to manage patients, perform anthropometry and complementary examinations, access medical information, demonstrate your skills in practical procedures and your ability to deal with different situations and acquire basic training for research activity.

The evaluation of clinical competence consists of objectively measuring whether, based on the theoretical information acquired, it is known how to act in a reasoned manner.

The final evaluation will be carried out by an evaluation commission designated for this purpose, proposed by the dean and approved by the Faculty meeting. To facilitate their academic management, the Degree Delegate will be considered the person in charge of this subject and, therefore, will be in charge of completing and signing the corresponding minutes, in accordance with the report prepared by the Evaluation Commission, once confirmed that the student has passed all the theoretical and practical credits of the study plan.

In accordance with the provisions of article 5 of Royal Decree 1125/2003, the results obtained by the student will be graded based on the following numerical scale from 0 to 10, with expression of a decimal, to which the corresponding grade may be added. qualitative:

- 0-4.9: Suspense (SS).
- 5.0-6.9: Pass (AP).
- 7.0-8.9: Notable (NT).
- 9.0-10 Outstanding (SB).

The qualifications of the TFG will be published within a maximum period of three weeks from the date of the written exam, in the places established for this purpose. To pass the TFG, it will be necessary to pass each of the three compulsory tests and in the same call (if you fail in a call, you cannot save the note, even if it is partial or from one of the parts, for the next one).

Any work that could be considered plagiarism or fraudulent will be invalidated.

STRUCTURE OF THE ECO TEST

The fundamental structure is represented by a series of places of performance of the evaluated that are called stations.

It is a test where the evaluated go through a series of stations (offices and furniture) that contain the different cases and situations. The test will be carried out at the Faculty of Medicine of the Complutense University in two days to be specified in May.

The test will consist of a wheel of up to 8 stations and a maximum duration of 90 minutes.

TEST-TYPE EXAM

An exam of 30 questions with 4 possible answers each (only one is correct) and in which there will be no negatives; but it is approved with a minimum grade of 6 (18 correct answers).

ASSIGNMENT

About the work that can be presented as a TFG, a Guide will be developed and published in the Campus subject

PRESENTATIONS AT CONGRESSES, SCIENTIFIC CONFERENCES OR ARTICLES IN MAGAZINES AND BOOK CHAPTERS

These extraordinary activities in the teaching development of the student of the Degree in Nutrition, may mean an increase in the final grade of the TFG, as long as the 3 compulsory tests have been passed; according to the following type of contribution:

Contribution Type	Score Increase
Basic Clinical Sessions Participation	0.33 for each participation up to a maximum of 1 point
Accepted National Communication (oral or written)	0.33 for each participation up to a maximum of 1 point
Accepted International Communication (oral or written)	0.5 for each one up to a maximum of 1 point
Publication Not Accepted JCR	up to 2 points
Publication Accepted JCR	up to 4 points
Chapter of the book	up to 2 points

The following table reflects the increase in the qualification of the TFG, obtained by the student according to the documentation provided as proof of publication in a scientific journal or communication to a congress, in which the name of the student appears as the author of the work and that correspond to the years 2026 and 2027. The contributions, in order to be valued, must be fully related to the results of the student's research. Only the contribution that gives the highest score will be taken into account. The certifications accrediting these participations must be submitted to the Subject Coordinator (online) by the deadline for submitting the work for evaluation by a panel in the regular session.

This increase in the note for extraordinary activities can exceed 10 points, which is the maximum score that can be awarded in the record; so it will be used to determine the Honors.