

PSYCHOMOTRICITY

Degree in Occupational Therapy

Code: 804159

Module: 2

Subject: Intervention

Type of subject: Compulsory

Course: Third year

Semester: consult calendar

Department: Personality, Evaluation and Clinical Psychology

Credits: 6 ECTS

TEACHERS

Professor in charge: Santos-Olmo Sánchez, Ana Belén (anabsant@ucm.es)

OBJECTIVES

- To offer basic theoretical foundations to be able to work in the field of psychomotor skills.
- To know the different techniques of psychomotor evaluation and to know how to make a psychomotor report.
- To know the objectives of intervention in the area of psychomotor skills.
- To know the different techniques of psychomotor re-education.

SKILLS

These are those corresponding to the Module and Subject to which this course belongs.

General skills

CG.02., 03., 04., 05., 06., 09., 11., 12., 13., 14., 17., 21. 22., 23 y 24.

Specific skills

CE.M1.3., M1.7., M1.8., M2.11., M2.16., M2.17., M2.21. M2.23., M2.3., M2.4., M2.6., M2.7., M2.9., M3.1., M3.2. M3.3., M4.1. y M4.2.

CONTENTS

THEORY

1. General introduction to psychomotor skills: concept of psychomotor skills. History of psychomotor skills and psychomotor re-education. Development of psychomotor skills in Europe and Spain.
2. The psychomotor skills session: the psychomotor skills room. Materials. Types of sessions. Structure of the session.

3. Psychomotor evaluation I: the interview. Psychomotor observation.
4. Psychomotor evaluation II: general and specific instruments. The psychomotor report.
5. Psychomotor intervention objectives I: motor area.
6. Psychomotor intervention objectives I: cognitive area.
7. Psychomotor intervention objectives I: affective-social and communicative area.
8. The psychomotor therapist: training in psychomotor skills. Competences to be developed. The intervention of the therapist in the session.
9. Psychomotor re-education techniques I: the game. The experienced story.
10. Psychomotor re-education techniques II: relaxation techniques. The eutonia of G. Alexander.
11. Psychomotor re-education techniques III: dance.
12. Psychomotor re-education techniques IV: plastic expression.

PRACTICE

The content of the practical classes will be structured around the following topics:

1. Qualitative evaluation techniques: the observation technique. Analysis of a case. Observation in the room and analysis of parameters.
2. Quantitative assessment techniques: Vayer's psychomotor test. Analysis of a case.
3. Elaboration of the psychomotor report.
4. The psychomotor sessions: participation, preparation and direction of psychomotor sessions.

ASSESSMENT

1. In order to pass the course, students must pass each part separately (theory and practice).
2. Attendance to the practical classes is compulsory, being necessary to attend at least 80% of the practical classes to pass the course.
3. Theory (60%): exam (objective test).
4. Practical (40%): portfolio of individual and group work carried out during the practical classes.

Note: Attitude to follow in the event of a voluntary or accidental violation of the rules for conducting the examination.

The voluntary or accidental infraction of the rules of conduct of the exam prevents the evaluation of the same.

The student will have to take an oral exam to establish his/her knowledge of the subject. If intentionality in the cheating is confirmed, it will be considered very serious misconduct, and will be brought to the attention of the Services Inspectorate to take the disciplinary measures it deems appropriate.

BIBLIOGRAPHY

Basic bibliography

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- Bernaldo de Quirós, M. (2006), Manual de Psicomotricidad, Madrid, Pirámide.
- Llorca, M.; Ramos, V.; Sánchez, J. y Vega, A. (2002), La práctica psicomotriz: una propuesta educativa mediante el cuerpo y el movimiento, Málaga, Aljibe.
- Llorca, M. y Sánchez, J. (2003), Psicomotricidad y necesidades educativas especiales, Málaga, Aljibe.

Complementary bibliography

- Alexander, G. (1979), La eutonía, Barcelona, Paidós.
- Arnaiz, P. (1991), Evolución y contexto de la práctica psicomotriz, Salamanca, Amarú.
- Arnaiz, P. y Juan, M.J. (1993), Ceguera, integración sensorial y desarrollo psicomotor, Psicomotricidad, 44: 7-22.
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- Pont, P. (1993), Tercera edad, actividad física y salud: Teoría y práctica, Barcelona, Paidotribo.
- Vayer, P. (1985), El niño frente al mundo, Barcelona, Científico- Médica.