

# PSYCHOLOGY

## Degree in Occupational Therapy

Academic year 2022-23

**Code:** 804141

**Type:** Core subject

**Year:** First

**Semester:** First

**Department:** Experimental Psychology, Cognitive Processes and Logopedic

**Credits:** 9 ECTS

### TEACHING STAFF

**Teacher Responsible of the Course:** Casado Morales, María Isabel

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### SHORT DESCRIPTION

This course aims to develop skills that allow students to understand and practice the knowledge related to the application of general psychology. To provide students with the fundamental knowledge and contents of general psychology, knowledge of psychological processes as well as the importance derived from their application to occupational therapy.

### COMPETENCIES

Competencies corresponding to the module and subject matter are as follows:

#### GENERAL COMPETENCIES

- CG.04.
- CG.05.
- CG.06.
- CG.07.
- CG.08.
- CG.17.
- CG.18.
- CG.22.
- CG.25.

#### SPECIFIC COMPETENCIES

- CE.M1.3.
- CE.M2.13.
- CE.M2.14.
- CE.M2.16.
- CE.M2.17.
- CE.M2.2.
- CE.M2.21.

- CE.M2.24.
- CE.M2.3.
- CE.M2.9.
- CE.M4.2.

## OBJECTIVES

- To provide students with the fundamental knowledge and contents of general psychology, its development, methodology, basic processes and general knowledge of psychology applied to human beings at all stages of the life cycle.
- To introduce students to the different theoretical approaches used to explain human development in the different stages of life, to develop analytical skills about the phenomena related to psychological development, as well as to learn about the main changes that occur in the human being contextualised in the biological, cognitive and social areas during the different evolutionary stages.
- To introduce students to the study of the basic aspects of social psychology and its relationship with human behaviour in interaction with the social environment in which it develops.

## PROGRAM

### THEORETICAL PROGRAM

#### Block I. Development and concept

- Origins of psychology
- Historical development

#### Block II: Research

- Scientific research.
- Choice of method and design.
- Structure of scientific research and scientific reporting.

#### Block III. Introduction to psychological processes

- Learning: definition and concept.
- Classical conditioning.
- Operant conditioning. Reinforcement programmes.
- Vicarious learning.
- Cognitive aspects of learning.
- Concept of motivation.
- Current paradigms in motivation.
- Emotion: definition, characteristics and classification of emotions.
- Classical theories of emotion.
- Current Paradigms.
- Intelligence: concept, measurement and determinants.
- Emotional intelligence.
- Personality: concept and classification.
- Theoretical approaches in the field of personality.

## **PRACTICAL PROGRAM**

**Objectives.** The practical classes will consist of activities related to the different aspects of the programme, familiarising students with the use of different instruments and techniques for both research and practical application.

The content will be structured around the following themes:

1. Management of scientific bibliography

Citations and bibliographical references

2. The scientific method.

Variety of the scientific method

Identification of variables.

Experimental designs

3. Learning.

Classical Conditioning and Operant Conditioning.

Reinforcement programs for learning occupational activities.

## **EVALUATION CRITERIA**

The final grade for the course will be obtained based on the knowledge demonstrated in an exam or objective test at the end of the term, which will be comprised of all the subjects covered in the course, both theoretical and practical.

The correction of said test will be:  $\text{correct answers-errors} / \text{number of alternatives} - 1$ .

A continuous evaluation of the subject will be carried out and the completion of the proposed works, activities developed in practical classes and student presentations will be considered. Compliance with the performance of such activities will be mandatory. In accordance with the provisions of article 5 of Real Decreto 1125/2003, the results obtained by the student will be graded based on the numerical scale from 0 to 10, with expression of one decimal

By agreement of the Quality Commission, In the event of a voluntary or involuntary violation of the norms for the completion of a particular examination, your examination will not be marked. The student will have the opportunity to complete an oral examination to determine his or her knowledge of the material covered for that exam. If the infraction was voluntary this will be considered a serious ethical violation. This incident will be reported to the Inspection. Services for their evaluation and any disciplinary measures they deem necessary.

## **BASIC BIBLIOGRAPHY**

Some brief bibliographical references are included here that collect some of the main areas and methodology of Psychology. They will be complemented with the texts and bibliography provided in the classes, and available on the Virtual Campus.

- Ballesteros Jiménez, S. (2002). *Aprendizaje y memoria en la vejez*. UNED.
- Chapman, A.J. y Jones, D.M. (1980). *Models of Man*. British Psychological Society.
- Delgado, M.L. (2015). *Fundamentos de Psicología. Para ciencias Sociales y de la Salud*. Editorial Panamericana.
- Fernández-Abascal, E.G.; García, B.; Jiménez, M.P.; Martín, M.D. y Domínguez, F.J. (2010). *Psicología de la emoción*. UNED, Editorial Universitaria Ramón Areces.
- Fernández-Trespalacios, J.L. (1979, 1980). *Psicología General. I y II*. UNED, (2 vols.)
- Fontes, S.; García Gallego, C.; Garriga Trillo, A.; Pérez-Llantada M.C.; Sarriá Sánchez, E. (2001). *Diseños de investigación en psicología*. UNED.
- García, C.; Quintanilla, I.; Garriga Trillo, A.; Fontes de Gracia, S.; Pérez-Llantada C.M.; Sarriá Sánchez, E. (2003). *Diseños de investigación en psicología*. UNED.
- Grieve, J. (1995). *Neuropsicología para terapeutas ocupacionales: evaluación de la percepción y de la cognición*. Médica Panamericana.
- Lindsay, P.H. y Norman, D.A. (1983). *Introducción a la Psicología cognitiva*. Tecnos.
- MacGee, M.G. (1984). *Psychology*. St. Paul, West.
- Mayor, J. y Pinillos, J.L. (1989 y ss.), *Tratado de Psicología General (12 volúmenes)*. Alhambra.
- Morgan, C.T.; King, R.A. y Robinson, N.M. *Introduction to Psychology*. McGraw-Hill, (6ª ed.).
- Morris, C.G. (1987). *Psicología: Un nuevo enfoque*. Prentice-Hall.
- Myers, D.G. (1994). *Psicología*. Editorial Médica Panamericana, (3ª ed.).
- Norman, D.A. (1987). *Perspectiva de la ciencia cognitiva*. Paidós.
- Papalia, D.E. y Olds, S.W. (1987). *Psicología*. McGraw-Hill.
- Pinillos, J.L. (1975). *Principios de Psicología*. Alianza.
- Puente. A. (2011). *Psicología contemporánea básica y aplicada*. Pirámide.
- Sternberg, R.J. (1989). *Inteligencia humana*. Paidós (4 vols.).
- Taylor, A.; Sluckin, W.; Davies, D.R.; Reason, J.T.; Thomson, R. y Colman, A.M. (1984). *Introducción a la Psicología*. Visor.
- Wolman, B.B. (1979). *Manual de Psicología*. Martínez Roca.
- Zimbardo, P.G. (1984). *Psicología y vida*. Trillas.