

Oral and written communication skills for nutritionists.

Degree in Human Nutrition and Dietetics

Year 2026 - 2027

Code: 804013

Module: 7

Subject: Complementary training

Type of subject: Optional

Aimed at: 3rd and 4th year students

Department: Nursing

Credits: 3 ECTS

Period: second semester (according to official calendar)

Start date: January, 22; 2027

End date: March, 12, 2027 (plus an additional day to be specified for students's presentations)

Schedule: from 11.30 a.m. to 13.30 p.m.

Place: Classroom to be determined by the faculty of nursing.

Number of students: maximum of 20

PROFESORADO

Coordinador: Martínez Álvarez, Jesús Román

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Profesores: Martínez Álvarez, Jesús Román

TEACHING STAFF

Coordinator: Martínez Álvarez, Jesús Román

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Teacher: Martínez Álvarez, Jesús Román

BRIEF DESCRIPTION

For the student close to graduation, it is essential to improve and develop their skills in several areas:

Development of teaching materials and resources

Oral intervention and presentation to patients, groups and other professionals

Preparation of documents, articles and scientific literature in general.

Likewise, the student needs to know different expectations and professional opportunities and the role in the practice of the dietitian nutritionist in different jobs.

To do this, former students who are working in different companies and entities will comment on their experience when it comes to getting a job, how they focused postgraduate training, the problems in professional practice, etc.

COMPETENCES

General Competences C.G.8.1.

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Specific competences

CE.M7.1

CE.M7.2

CE.M7.3

CE.M7.4 CE.M7.

SYLLABUS

1. Transmission of knowledge to citizens and other professionals: materials and methodology
2. **Development** of audiovisual teaching resources.
3. Preparation of articles and scientific writing work. Management of databases and bibliographic managers.
4. Oral presentation and scenic techniques.
5. Presence on the internet and social networks.
6. The role of the nutritionist in different jobs in the industry.

METHODOLOGY

Theoretical teachings

Practices following the theory Conferences, talks and expert tables with professors and guest speakers.

EVALUATION CRITERIA

The evaluation of this subject is continuous and will be carried out based on: Individual preparation of an article following the rules of publication of a scientific journal (50%) Development and public presentation of a lecture (50%). The approved in the subject will be obtained with an average grade of 5, being necessary to have obtained at least a five in each of the evaluable parts.

Attention (*): the subject is eminently practical and requires the active participation of students with compulsory attendance at the different scheduled activities.

BIBLIOGRAPHY

Given the nature of the subject, no bibliography of it is provided since all the teaching material will be made available to students on the Virtual Campus.