

CLINICAL PSYCHOPATHOLOGY AND PSYCHIATRY

Degree in Occupational Therapy

Code: 804165

Module: 3

Type: Occupational Therapy in Clinical Diseases

Type of subject: Compulsory

Year: Third

Semester: Consult calendar

Department: Legal Medicine,
Psychiatry and Pathology

Credits: 6 ECTS

TEACHING STAFF

Coordinator: Fernández

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BRIEF DESCRIPTION

The subject Clinical Psychopathology and Psychiatry includes theoretical classes and practical seminars. The theoretical part of the subject covers the most important psychiatric disorders, with special emphasis on aspects of the clinical management of patients and the role of the occupational therapist. In this sense, the subject contains an extensive review of the specific intervention and evaluation instruments of Occupational Therapy applied to the mentally ill, as well as the consequences of other therapies that the therapist and the organization of mental health services must know. The practical seminars complement the theoretical teaching on intervention and evaluation instruments, also including aspects such as the psychosocial rehabilitation of the mentally ill.

COMPETENCIES

They are those corresponding to the Module and Subject to which this subject belongs

General Competences

- CG.06.
- CG.08.
- CG.10.
- CG.11.
- CG.12.
- CG.13.
- CG.14.
- CG.17.

Specific Competences

- CE.M1.2.
- CE.M1.6.
- CE.M1.7.
- CE.M1.8.
- CE.M2.29.-
- CE.M2.3.-
- CE.M3.1.-
- CE.M3.2.-
- CE.M3.3.-
- CE.M3.4.-
- CE.M4.2.-.

OBJECTIVES

Intervention in mental health is an essential branch of Occupational Therapy since its origins and is a fundamental part of the training of the students of the Degree. The main objective of this course is for students to acquire basic knowledge about clinical management skills, in addition to the forms of rehabilitation and prevention of mental illness from the point of view of Occupational Therapy.

PROGRAM

THEORETICAL

1. Mental health devices. Role of the occupational therapist.
2. Models of reference for Occupational Therapy in mental health.
3. Occupational therapy in dementias: non-pharmacological intervention.
4. Occupational Therapy in mental illness in children and adolescents: specific factors.
5. Occupational Therapy in affective disorders.
6. Occupational Therapy in psychotic disorders.
7. Occupational Therapy in schizophrenia.
8. Occupational Therapy in personality disorders.
9. Occupational Therapy in feeding and eating disorders.
10. Occupational Therapy in phobias and obsessive-compulsive disorder.
11. Side effects of psychotropic drugs and their influence on the intervention of the occupational therapist.
12. Treatment planning. Phases and procedures.
13. Tasks and functions in the intervention.
14. The therapeutic relationship.
15. Intervention in complex healthcare situations and in anxiety crises.
16. Evaluation in Occupational Therapy in mental illness. Phases and formats of the valuation process.
17. Evaluation in Occupational Therapy in mental illness. scales I
18. Evaluation in Occupational Therapy in mental illness. Scales II.
19. Evaluation: conclusions of the process.
20. Context management and therapeutic language

PRACTICAL SEMINARS

Seminars on specific clinical cases where students learn about the diagnosis, evolution, treatment, rehabilitation, and reintegration of patients suffering from mental disorders.

The practical seminars will be carried out in the Department of Psychiatry of the Faculty of Medicine, although occasionally they can also be carried out in one of the associated Hospitals.

EVALUATION

- The theoretical knowledge of the students will be evaluated through a written exam on topics to be developed in the teaching program. The theory grade will be the result of calculating the average score in each of the exam questions and will account for 65% of the final grade for the subject.
- Attendance at practices is mandatory and the participation of students in each of the groups will be valued. In addition, an assessment of each of the practices will be carried out through the approach of individual and group tasks such as the planning of the intervention in clinical cases. The note of each of these practices will be averaged to obtain the average. The practice grade will account for 35% of the final grade for the course.
- Students must obtain a grade above 5 both in the theoretical part and in the practical part to pass the course.

BIBLIOGRAPHY

- Moruno Miralles, P.; Talavera Valverde, M.A., *Terapia Ocupacional en salud mental*, Elsevier Masson, 2012.
- Durante Molina, P.; Noya Arnaiz, B., *Terapia Ocupacional en salud mental*, Masson, 1999.
- López-Ibor, J.J.; Ortiz, T.; López-Ibor, M.I., *Lecciones de psicología médica*, Masson, 2001.
- Sánchez, O.; Polonio, B.; Pellegrini, M., *Terapia Ocupacional en Salud Mental. Teoría y Técnicas para la autonomía Personal*, Ed. Médica Panamericana, 2013.
- Eguíluz, I.; Segarra, R., *Introducción a la Psicopatología*, Ed. Médica Panamericana, 2013.
- Lobo, A., *Manual de Psiquiatría*, Ed. Médica Panamericana, 2013.
- Black, D.; Andreasen, N., *Introducción a la Psiquiatría*, 5th ed., Ed. Médica Panamericana

