

# CLINICAL CLERKSHIP III: MENTAL HEALTH

## DEGREE IN OCCUPATIONAL THERAPY

**Code:** 804167

**Module 4**

**Type: Prácticum**

**Type of subject:** External Practice

**Year:** Fourth

**Annual Subject**

**Department:** Medicina Legal, Psiquiatría y Patología

**Credits:** 9 ECTS

### Teaching Staff

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### BRIEF DESCRIPTION

Clinical Traineeship III: Mental Health is an external practice subject. In this subject, students will stay for two months in public and private health centers with a teaching agreement with the UCM and specialized in Mental Health. The objective of the traineeship is for students to acquire the necessary skills to apply their theoretical knowledge acquired in previous courses.

The subject requires the completion of a report-portfolio that is evaluated by the tutors and verified by the coordinator.

### COMPETENCIES

They are those corresponding to the Module and Subject to which this subject belongs.

#### General Competences

- CG.05.
- CG.18.
- CG.19.
- CG.21.
- CG.22.
- CG.23.
- CG.24.
- CG.25.

#### Specific Competences

- CE.M1.6.
- CE.M1.7.
- CE.M1.8.
- CE.M2.10.-
- CE.M2.11.-
- CE.M2.15.-
- CE.M2.16.-
- CE.M2.17.-
- CE.M2.20.-
- CE.M2.21.-
- CE.M2.23.-
- CE.M2.24.-
- CE.M2.28.-
- CE.M2.29.-
- CE.M2.4.-
- CE.M2.6.-
- CE.M2.7.-
- CE.M2.9.-
- CE.M4.1.-
- CE.M4.2.-

### OBJECTIVES

- That students know and understand the history and foundations of the application of Occupational Therapy models in mental health and psychiatry, as well as the areas of professional competence.

- That the students know and understand the most used techniques in Occupational Therapy, the use of activity as therapy and the intervention within the Occupational Therapy in psychiatry.
- Carry out practices with a final evaluation of competencies, in Mental Health Centers; Psychiatry Units that allow the student to apply theories, fundamentals, methodologies, techniques, evaluations and assessments of Occupational Therapy in mental health, working as a team and developing their own abilities and skills in different environments.

## CONDITIONS OF THE SUBJECT

In accordance with what was published in the Official Bulletin of the Complutense University of March 10, 2017, article 6, point 3, to carry out this subject of external practices the students of the degree “They must have passed at least 120 ECTS credits of the study plan in question”.

All those students who submit their reports outside the dates established in each rotation will see their grade reduced by two points.

## SYLLABUS

### PRACTICAL

- The traineeships will be carried out in hospitals and affiliated units. The objectives will be:
  - Training of the student in the application of Occupational Therapy knowledge to patients diagnosed with mental illness.
  - Training of the student to be able to establish an adequate therapeutic relationship.
  - Development of communication skills, therapeutic planning.
  - Development of analysis capacity of the observation and practice carried out.
  - Use of group, recreational and intervention techniques to empower patients in activities of daily living.

## EVALUATION

- During the rotations, a evaluation of the competences will be carried out, which allows the numerical expression of the result, through the Portfolio, approved by the Faculty Board.
- The evaluation of the subject will be carried out through the qualification issued by the professors and collaborators of the centers and through the analysis of the Portfolio. The Portfolio will include the work done by the student, and the indications by the professor or collaborator of practices. It must reflect the attendance and availability of the student and the interaction with the assigned activity. This evaluation will be ratified by the coordinator of the subject.

The evaluation of the content of the Portfolios is based on:

On the one hand: attendance, punctuality, behavior and participation in the activity.

On the other hand, the following are valued:

- Theoretical-practical knowledge.
- Clinical and occupational skills.
- Communication skills.
- Interprofessional relations skills.
- Ability to analyze problems.
- Decision making.
- Attitudes in the performance of the professional activity.
- Ethical attitudes.

In accordance with the provisions of article 5 of Royal Decree 1125/2003, the results obtained by the students will be graded according to the numerical scale from 0 to 10, with the expression of a decimal.

## BIBLIOGRAPHY

- Moruno Miralles, P.; Talavera Valverde, M.A., *Terapia Ocupacional en salud mental*, Elsevier Masson, 2012.
- Durante Molina, P.; Noya Arnaiz, B., *Terapia Ocupacional en salud mental*, Masson, 1999.
- López-Ibor, J.J.; Ortiz, T.; López-Ibor, M.I., *Lecciones de psicología médica*, Masson, 2001.
- Sánchez, O.; Polonio, B.; Pellegrini, M., *Terapia Ocupacional en Salud Mental. Teoría y Técnicas para la autonomía Personal*, Editorial Panamericana. 2013.
- Eguíluz, I.; Segarra, R., *Introducción a la Psicopatología*, Editorial Panamericana, 2013.