

CLINICAL CLERKSHIP I: PHYSICAL DISABILITY

Degree in Occupational Therapy

Code: 804166

Type: External Internships

Grade: Fourth

Semester: anual

Department: Radiology, Rehabilitation and Physiotherapy

Credits: 15 ECTS

TEACHING STAFF

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ENROLLMENT CONDITIONS

According to the UNIVERSIDAD COMPLUTENSE DE MADRID ACADEMIC EXTERNAL PRACTICES REGULATIONS, which in its CHAPTER I: General Provisions, Article 6: Student Requirements, states:

In order to carry out any type of internship, undergraduate students must have passed at least 120 ECTS credits of the curriculum in question, without prejudice to the specific additional requirements established by each degree program.

In order for the student to acquire the competencies of these subjects, it is necessary that he/she complies with and respects the rules of dress and operation of the center where the internship takes place. Likewise, he/she must perform the tasks of the job without discriminating against patients/users due to their ideology, age, sex and religion. Failure to comply with these indications implies not acquiring the necessary competences and therefore, not passing the course.

SHORT DESCRIPTOR

This subject aims to develop competencies that enable students to understand and apply Occupational Therapy knowledge throughout the entire process, developing these competencies through independent supervised clinical practice.

Practical placements to apply and manage the theories, fundamentals, methodologies, techniques, evaluations and evaluation of Occupational Therapy, working appropriately in a team and developing the functions and skills of this professional in different environments, centres, hospitals, schools, institutions, social and population groups.

COMPETENCIES

General Competencies

Knowing, critically assessing and knowing how to use sources of information to obtain, organise, interpret and communicate scientific, health, socio-sanitary and social information, preserving the confidentiality of the data.

Recognise the influence of individual, religious, cultural and customary differences on occupation and participation.

Acquire and develop skills, abilities and practical experience in the socio-health and community context.

Develop professional practice with respect for other professionals, acquiring teamwork skills.

Listen actively, obtain and synthesise relevant information about the occupational problems and demands of individuals and populations and understand the content of this information.

Establish assertive interpersonal communication with all relevant interlocutors during the Occupational Therapy process.

To prepare and write up histories and other Occupational Therapy records, in a comprehensible way, for both specialised and non-specialised audiences.

Conveying oral and written information to both specialist and non-specialist audiences.

Specific Competences

Know the professional, ethical and legal context of the occupational therapist, recognising and responding to ethical dilemmas and issues in daily practice.

Acquire teamwork skills as a unit in which the professionals and other personnel involved in the diagnostic evaluation and treatment of Occupational Therapy are structured in a uni or multiprofessional and interdisciplinary way.

Knowledge of the Spanish health system and the basic aspects related to the management of health services, fundamentally those related to rehabilitative aspects.

Perform appropriate treatment, respecting the different phases and basic principles, through therapeutic occupations and based on related knowledge such as

occupational science, in the different areas of occupational performance, analysing the components of performance and the different existing environments and contexts.

Encourage the participation of the user and family in their recovery process.

To know, understand and apply the fundamentals of personal autonomy in activities of daily living with and without adaptations and/or technical aids in the life cycle.

To know and understand the knowledge of Occupational Therapy for the integration of the individual in his/her environment throughout the life cycle.

Apply meaningful activity, ergonomic study, new technologies and assistive technology in Occupational Therapy in the life cycle.

To know, evaluate, analyse, elaborate and participate in education and health promotion programmes within the field of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social maladjustment.

Make and defend logical and reasoned arguments related to human occupation and occupational therapy.

Work in partnership with individuals and groups in order to actively participate in occupation, through health promotion, prevention, rehabilitation and treatment.

Select, modify and apply appropriate theories, practical intervention models and methods to meet occupational and health needs of individuals and populations.

Adapt and apply the Occupational Therapy process in close collaboration with individuals and population.

Appreciate and respect individual differences, cultural beliefs, customs and their influence on occupation and participation.

To carry out professional practice in an ethical manner, respecting people, patients and users, taking into consideration the professional codes of conduct of occupational therapists.

Demonstrate self-confidence, self-critical self-awareness and knowledge of their own limitations as an occupational therapist.

Engage in a continuous process of evaluation and quality improvement in the provision of Occupational Therapy services, involving people, patients and users where

appropriate and communicate the results to stakeholders.

Be able to argue the scientific principles that underpin the intervention in Occupational Therapy, adapting it to the available scientific evidence.

Be able to apply the knowledge and skills acquired in the rest of the modules to carry out pre-professional placements, with a final assessment of competences, in Health Centres, Hospitals and other Care Centres.

Be able to apply the theories, fundamentals, methodologies, techniques, evaluations and evaluations of Occupational Therapy, working in a team and developing their own skills and abilities in different environments.

Transversal Competences

Communication. Express oneself appropriately when explaining a subject and do so clearly and listen actively when others are speaking.

Flexibility. Modifying behaviour to adapt to situations of change or ambiguity, maintaining effectiveness in different environments, with different tasks, responsibilities and patients.

Leadership. To be able to influence others positively, to support the group in tackling tasks, to mobilise the group while maintaining a good atmosphere and to resolve conflicts that arise in the group.

Planning/organisation. Defining priorities; establishing the necessary action plans to achieve the objectives set, adjusting to the means and time available; defining intermediate goals and the contingencies that may arise; establishing the appropriate control and monitoring measures.

Emotional control. Remaining calm in difficult situations of social interaction, maintaining self-control in stressful situations and controlling emotions.

Responsibility. Providing help to other colleagues when requested, seeking the collaboration of others to complete activities, following through on commitments and completing the tasks he/she starts.

Problem solving and decision making. Analysing problems and complex situations, identifying their most relevant aspects and their causes, according to the available information, in order to choose the best quality solutions within the established timeframe.

Teamwork: actively collaborate and take responsibility to contribute to the achievement of the objectives set.

OBJECTIVES

Enabling the development of new ways of doing, being, belonging and becoming for people who are physically disadvantaged, to aid their recovery or to enable people with residual difficulties to maximise independence, participation, dignity, assistance and self-fulfilment.

To apply meaningful activity, ergonomic study, new technologies and assistive technology in Occupational Therapy/Ergotherapy in dysfunctions subsequent to medical and surgical conditions, both in hospital and community settings.

Utilise the therapeutic potential of occupation through the use of activity and occupational analysis and synthesis to prevent and/or improve dysfunctions subsequent to medical and surgical conditions in both hospital and community settings.

Adapt and apply the Occupational Therapy/Ergotherapy process in close individual/population collaboration to prevent dysfunctions subsequent to medical and surgical conditions in both hospital and community settings.

Prepare, maintain and review documentation of Occupational Therapy/Ergotherapy processes to prevent and/or improve dysfunctions subsequent to medical and surgical conditions in both hospital and community settings.

Analyse, develop and participate in health education and promotion programmes within the field of Occupational Therapy/Ergotherapy to prevent dysfunctions subsequent to medical and surgical conditions in all social and community settings.

Continually demonstrate the process of learning and change in Occupational Therapy/Ergotherapy as prevention and/or improvement of dysfunctions subsequent to medical and surgical conditions in all health, social and community settings.

To take an active role in the development, improvement and promotion of Occupational Therapy/Ergotherapy in the field of prevention and/or improvement of dysfunctions subsequent to medical and surgical conditions in all health, social and community settings.

To verify in a continuous process of evaluation the improvement of the quality of the Occupational Therapy/Ergotherapy services, involving users

where appropriate and communicate relevant findings to other members.

To disseminate research findings for relevant critiques in the field of prevention and/or improvement of dysfunctions subsequent to medical and surgical conditions in all health, social and community settings.

To identify and prioritise Occupational Therapy/Ergotherapy services in the field of prevention and/or improvement of dysfunctions subsequent to medical and surgical conditions in all health, social and community settings.

Understand and apply the principles of management in Occupational Therapy/Ergotherapy services, including cost-effectiveness, resource and equipment management and establishing Occupational Therapy/Ergotherapy protocols in the field of prevention and/or improvement of dysfunctions subsequent to medical and surgical conditions in all health, social and community settings.

AGENDA

Development of the practical skills necessary to be able to perform professional activities as an occupational therapist: according to the learning stage and according to the selected competences. In short, to broaden the knowledge and ability to apply: Occupational Therapy theory and practice, occupations therapeutically and activities of daily living therapeutically in all areas of occupational performance.

Observation, analysis and reflection on the practice centre and the functions of the occupational therapist integrated into the health, educational, home, work or community reference system. The student must also develop the ability to maintain the dignity, privacy and confidentiality of the person.

Observation, analysis and reflection on the therapeutic relationship in Occupational Therapy. And, at the same time, to develop the capacity for effective communication with the user, families, social groups and other professionals; the capacity to establish an empathetic relationship with the user, family, social groups and other professionals; and to develop the

capacity to allow patients and their carers to express their concerns and interests and to enable them to respond appropriately.

Observation, identification, analysis and reflection on the profile of the user of Occupational Therapy services.

Observation, identification, analysis and reflection on the techniques used in the practical unit.

Development of higher order reasoning and skills in professional judgement and decision making. In this way, the student develops the ability to report, record, document and, where appropriate, refer, the intervention process.

Development of skills in exploring research resources in support of research and evidence-based practice.

To empower the student to be an autonomous professional who values his or her contribution to the team and to the service.

Inculcating skills for "lifelong learning" and continuous professional development; and a recognition of the importance of these.

Development of the ability to: synthesise a range of information to determine whether the person is susceptible to occupational therapy treatment. Recognise and interpret signs of function-dysfunction of the person in occupational evaluation and diagnosis. Likewise, the ability to respond to the patient's needs by assessing, planning and developing the most appropriate individualised programmes together with the person and their environment, their carers and families and other professionals. In short, to use clinical reasoning to review and readjust treatment.

Establishment of concepts of a series of therapeutic activities, the aim of which will be the improvement of the deficits causing the transient or permanent occupational dysfunction.

I work with agreed protocols for therapeutic action, to avoid variability of treatments and their subsequent management.

Be part of the rehabilitation team, applying the basic principles of responsibility and safety within the practice.

Facilitating personal qualities that are essential for the practice: respect for the rules of ethics, dynamism and initiative, good appearance and well-groomed appearance.

Clinical case study: the student is faced with a specific problem (case), which describes a real-life professional situation, and must be able to analyse a series of facts relating to a particular field of knowledge or action, in order to reach a reasoned decision through a process of discussion in small working groups. Specific situation that poses a problem to be understood, assessed and solved by a group of people, through a process of discussion.

TEACHING ACTIVITIES

Team Meetings

Oral exposition complemented with the use of audiovisual media and materials; study of batteries, own and more usual evaluations in this field, with the purpose of transmitting knowledge and facilitating learning.

Field work

The supervised internships will be carried out in hospitals and other occupational and assistance centers agreed with the University.

According to the characteristics and size of the centers, students will attend in groups of a size according to the center, in each of the periods of time established, according to the number of ECTS to be taken.

All students will have a Portfolio model in which the activity developed during the external practices will be collected in a structured way and which will be supervised by the corresponding tutor.

EVALUATION

During the rotations, the evaluation of the competences will be carried out, allowing the numerical expression of the result, by means of the Portfolio, approved by the Faculty Board.

The evaluation of the course will be carried out through the qualification issued by the teachers and collaborators of the centers and the analysis of the Portfolio in which, in addition to the work done by the student, the indication by the teacher or collaborator of the internship that reflects the attendance and availability of the student and the interaction with the assigned activity will be included.

The evaluation of the content of the Portfolio is based on:

- On the one hand: attendance, punctuality, behavior and participation in the activity.

- On the other hand, the following are evaluated:

Theoretical-practical knowledge.

Clinical and occupational skills.

Communication skills.

Interprofessional relationship skills.

Problem analysis skills.

Decision making.

Attitudes in the performance of professional activity.

Ethical attitudes.

Of the final grade of the Portfolio, 97% will be calculated and added to the 3% corresponding to the final grade obtained in the Evaluation of the Seminars corresponding to the part of OCCUPATIONAL THERAPY IN INVIDENTS.

In accordance with the provisions of article 5 of Royal Decree 1125/2003, the results obtained by the student will be graded according to the numerical scale from 0 to 10, with one decimal place.

DELIVERY OF PORTFOLIOS: if the student DOES NOT deliver his/her Portfolio in the Virtual Campus on the indicated date, 2 points will be subtracted from the final grade. In the course where there is more than 1 Portfolio to deliver, 2 points will be subtracted from the corresponding Portfolio.

SUBMISSION OF THE APPENDIX AND OPERATING OBJECTIVES: if the student does not submit the Annex and Operating Objectives in the Virtual Campus on the indicated date, 1 point will be subtracted from the final grade. In the course where there is more than 1 Portfolio to deliver, the point of the corresponding Portfolio will be subtracted.

If a student is unable to attend, if the practices of any rotation are failed, the ROTATION WILL NOT BE REPEATED, the 4 grades will be averaged, if this average grade results in a failing grade, the ROTATION WILL BE REPEATED, in the month of June, in a different center where the practices were performed.

**FOR THE PART CORRESPONDING TO
OCCUPATIONAL THERAPY IN BLIND PEOPLE:**

You are entitled to an exam (which should be THEME and PRACTICAL type) on the entire content of this part of the internship.

If you have NOT taken these practices in the corresponding period, SUSPEND THE COURSE IN THE JUNE COURSE, and you will take an exam and the grade you get will be used to make your final averages for the JULY COURSE for the course, taking into account that this part of the practices of the course correspond to 3% of the final grade.